



Breakfast

Toasted Teacake	£4
Netherend butter	
Savoury Scone	£4.50
cream cheese, curried peach chutney	
Granola	£5
natural yoghurt, seasonal fruit	
Bacon Roll	£7
smoked back bacon, ciabatta roll	
Something on Toast	£8
baked beans, scrambled egg or poached egg	

Little Gardeners

Little Gardener's Lunch box	£7.50
Little Croque Monsieur <i>or</i> Sausage Roll with a Pipstick and a Heligan Bakery treat	

Heligan Bakery Cakes

available all day,

*please ask a member of staff or pop to
the display counter for today's options*

Lunch

Soup of the Day	£8
choose a savoury scone or Heligan Bakery bread, Netherend butter	
Cornish Pasty with Seasonal Salad	£8
traditional steak, cheese and onion , vegan pasty	
Garden Vegetable Quiche	£12
mixed salad, balsamic glaze	
Salads	£14
garden leaf, cos lettuce, garden herb heritage tomato <i>choose from...</i>	
Smoked mackerel, pickled cucumber, radish, lemon dressing	
Carrot, feta, red onion, olives, toasted dukkha	
Sandwiches	£15
garden leaf salad, lemon dressing, crisps <i>choose from...</i>	
Rare Breed Beef Minute Steak Sandwich	
<i>onion, rocket, pickled gherkin, mustard mayonnaise</i>	
Croque Monsieur	
<i>sliced ham, Emmental cheese, cheddar cheese, Dijon mustard</i>	
Ploughman's	£15
<i>Cornish Yarg, Kittow Cooked Ham, Heligan Bakery bread, Netherend butter, pickled gherkin & onion, Heligan red onion chutney, mixed leaf</i>	

Coffee

Americano	£3.50	
Flat White	£3.70	
Cappuccino	£3.80	
Latte	£3.80	
Iced Latte	£3.80	
Chai Latte	£3.80	
Mocha	£4.00	
	Single	Double
Espresso	£2.40	£2.90
Macchiato	£2.40	£2.90

Syrups	£1.00
Babyccino	£1.00
Extra Shot	£1.20

Hot Chocolate

Sustainable cacao from Rio Nuevo	
Kids Standard	£3.50
Kids Deluxe	£4.50
marshmallows and whipped cream	
Standard	£4.50
Deluxe	£5.00
marshmallows and whipped cream	

Tea

£2.75

Cornish Tea	Peppermint
Earl Grey	Red Berry & Kiwi
Lemon Verbena	Sencha Green Tea
Decaffeinated	



**For detailed allergen information
please ask a member of our team.**

Please be aware that our food may contain or come
into contact with common allergens, such as dairy,
eggs, mustard, sesame, celery, soybeans, tree nuts,
peanuts, fish, shellfish or wheat.

- Vegan
- Vegetarian
- Vegan Option
- Vegetarian option
- Non-gluten
Containing Ingredient
- Non-gluten Containing
Ingredient Option
- Nuts