

Breakfast

Toasted Teacake
Cornish butter

Granola & Fruit
Natural yoghurt

Bacon Ciabatta

Scrambled Egg
or beans on Toast
Heligan Bakery bread

Little Gardener's Lunch Box £8

tomato pasta or a filled wrap, choose from ham or cream cheese and cucumber with a jelly pouch, Heligan Bakery treat, juice carton

Selection of Cornish pasties, sausage rolls, cakes, ice cream tubs and drinks are available



Lunch

Savoury Scone

Cream cheese, chutney

Soup of the Day

We no

Heligan bread or scone

Filled Wrap or Baguette
served with a Spring vegetable salad

choose from...

- Beetroot, root vegetables, Feta, hummus V VGO NGO
- Cornish ploughman's vo vgo Ngo
- Cornish sardines, tomato, onion, chard, wild garlic NGO
- Egg mayonnaise and watercress V
- Ham salad NGO

Quiche of the Day

£10

see specials board

Chef's Pie of the Day

see specials board

Lamb Skewer Flatbread

aubergine, courgette, onion, mixed leaf,
mint yoghurt

£12

Coffee

Cornico coffee roasted in Cornwall

Americano	£3.10	
Flat White	£3.30	
Cappuccino	£3.40	
Latte	£3.40	
Iced Latte	£3.40	
Chai Latte	£3.80	
Mocha	£3.80	
Babyccino	£1.00	
	Single	Double
Espresso	£2.00	£2.50
Macchiato	£2.00	£2.50
Extra Shot	£0.90	
Syrups	£0.60	

For detailed allergen information please ask a member of our team.

Please be aware that our food may contain or come into contact with common allergens, such as dairy, eggs, mustard, sesame, celery, soybeans, tree nuts, peanuts, fish, shellfish or wheat.

Hot Chocolate

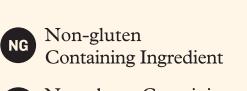
Kids

Sustainable cacao from Rio Nuevo

Standard		£3.50
Kids Deluxe marshmallows and w	hipped cream	£4.00
Deluxe £4.50 marshmallows and whipped cream		
Tea		£2.50
Cornish Tea	Peppermint	
Earl Grey	Red Berry & Kiwi	
Lemon Verbena	Sencha Green Tea	
Decaffeinated		

Ready to order?

Please order at the till and we will call you when ready for collection













£3.00

